



Traveling to Gratitude Day 6 – Wednesday, August 4

Today we dive for pearls in the Sea of Life, in search of gratitude for what's below the surface in people, in place, in circumstances right now. We get to go deep today.

We get to go deep today! For some reason that is making me remember an essay I read about a young mother with cancer and what she discovered during the days of her treatment when she couldn't do much at all but just be. One day as she was lying next to her young son while he slept, she became mesmerized by the beauty of his eyelashes. From that day on she began looking very closely at everything she saw in this very small world she found herself temporarily in, awestruck by what she'd never seen before. She hadn't expected to find such wonder under those circumstances.

What I take from that is how much we miss a lot and how much more there is to see. If we really look at where we are right now, even if it's uncomfortable or unwanted, what are we missing that's good here? And people. I think we miss stuff in people a lot. It's so easy to stop seeing or think we know everything about them or simply become numb to the beauty of what we have already identified and now take for granted. Today, we are going to dive under the surface a bit to see what we can find down there.

Let us see what you found on the [Postcards and Pics](#) page.

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