


Tips to help make masks seem less scary for children



- Look in the mirror with the face coverings on and talk about them.
- Put a cloth face covering on a favorite stuffed animal.
- Decorate them so they're more personalized and fun.
- Show your child pictures of other children wearing them.
- Draw one on their favorite book character.
- Practice wearing the face covering at home to help your child get used to it.

Source: American Academy of Pediatrics