

## Northern Light Women's Health and Birthing Services



Northern Light Birthing at Mayo Hospital works in coordination with Northern Light Women's Health, and the Northern Light Health Centers in Dover-Foxcroft and Milo to provide extraordinary, personalized service close to home through your pregnancy and delivery.

## Northern Light Health Centers in Dover-Foxcroft and Milo



Other programs offered through the department include the New Mother's Support Group, sibling classes, and ongoing breastfeeding support. The staff can provide the latest information on breastfeeding supplies and rental information. We offer free tours of the department — just call ahead and schedule a convenient time.

### Other Services and Support

- Behavioral Health
- Emergency Care
- Imaging
- Pharmacy
- Primary Care
- Financial assistance program and counseling  
(contact us at: 564-1615)

If you are pregnant or are trying to become pregnant, please visit [northernlighthealth.org/Mayo-Obstetrics](http://northernlighthealth.org/Mayo-Obstetrics) to learn more and to schedule your appointment with our birthing team.

### Birthing/Prenatal Care Locations

#### Northern Light Birthing

897 W Main St., Dover-Foxcroft, ME 04426

**Dover-Foxcroft .....207.564.4292**

#### Northern Light Health Center - Milo

135 Park St., Milo, ME 04463

**Milo .....207.943.7752**

#### Northern Light Primary Care - Dover-Foxcroft

891 W Main St., Northern Light Health Center, Dover-Foxcroft, ME 04426

**Dover-Foxcroft .....207.564.4464**

#### Northern Light Women's Health

891 W Main St., Suite 500, Dover-Foxcroft, ME 04426

**Dover-Foxcroft .....207.564.4470**