Northern Light Health℠

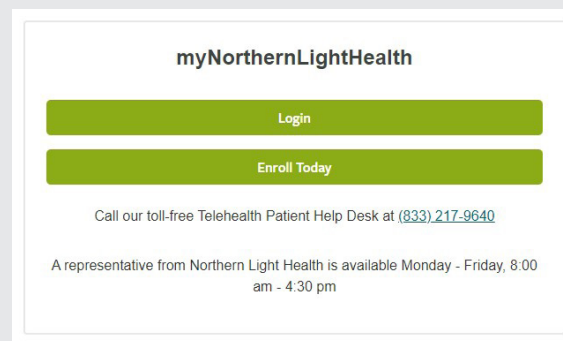# myNorthernLightHealth
PATIENT PORTAL
How to request an appointment

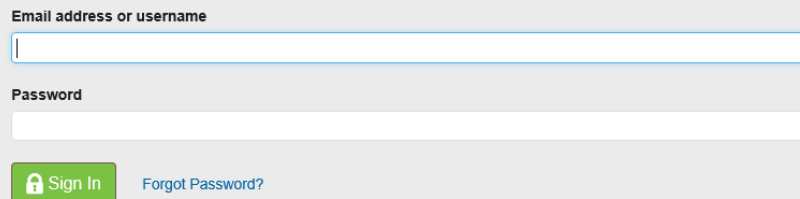### STEP 1

Visit **myNorthernLightHealth.org**

STEP 2

Click **Login**.

> **myNorthernLightHealth**
>
> **Login**
>
> **Enroll Today**
>
> Call our toll-free Telehealth Patient Help Desk at (833) 217-9640
>
> A representative from Northern Light Health is available Monday - Friday, 8:00 am - 4:30 pm

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STEP 3

Enter your username and password then click **Sign In**.

Email address or username

Password

🔒 Sign In   Forgot Password?

STEP 4 is on next page

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![Northern Light Health logo]
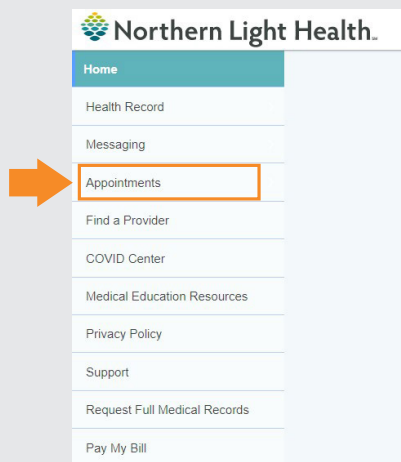
myNorthernLightHealth
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STEP 4

Click on the **Appointments** link.
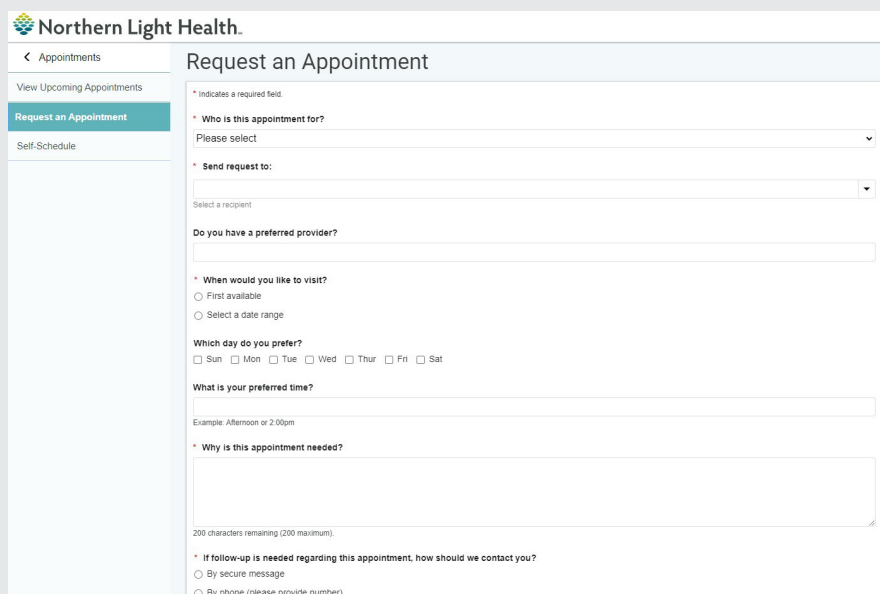

STEP 5

The **Request an Appointment** form will appear.

- In the **Send request to:** field, start typing the first or last name of the provider you would like to see. If their name does not appear in the dropdown, type the name of the practice. If you cannot remember your provider's name or practice name, you may view a searchable directory of Northern Light Health providers at: **northernlighthealth.org/Providers**

- Answer the remaining prompts to complete the form, then click **Send request**.

Northern Light Health will review your request and respond within one business day.