

# myNorthernLightHealth

## PATIENT PORTAL

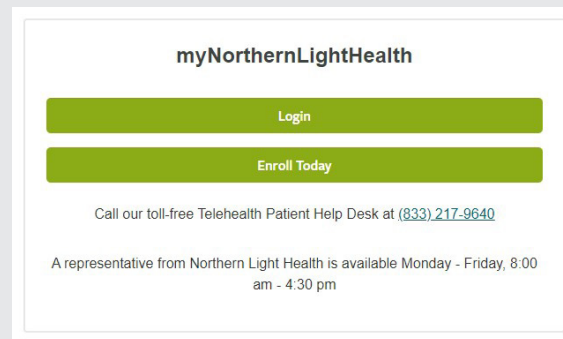
### How to retrieve messages

#### STEP 1

- Click on the link in the notification email you received. The subject of the email will read,  
**myNorthernLightHealth Message Alert**  
-- OR --
- Visit [myNorthernLightHealth.org](https://myNorthernLightHealth.org)

#### STEP 2

Click **Login**.



myNorthernLightHealth

Login

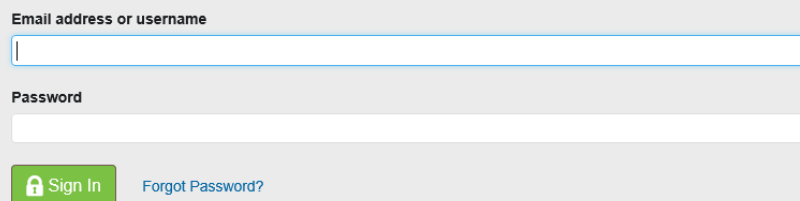
Enroll Today

Call our toll-free Telehealth Patient Help Desk at [\(833\) 217-9640](tel:8332179640)

A representative from Northern Light Health is available Monday - Friday, 8:00 am - 4:30 pm


#### STEP 3

Enter the username and password you created and click **Sign In**.



Email address or username

Password

 Sign In [Forgot Password?](#)

#### STEP 4

Click on the **Messaging** link.



Northern Light Health

- Home
- Health Record
- Messaging**

## How to retrieve messages

Click on **Inbox**.



Your messages will appear in the Inbox pane. You may also send a message from this area.

Inbox
Sent
Trash