

# Northern Light Eastern Maine Medical Center's Nursing Model for Practice Change

## Process\*

Patient Care

HCAHPS

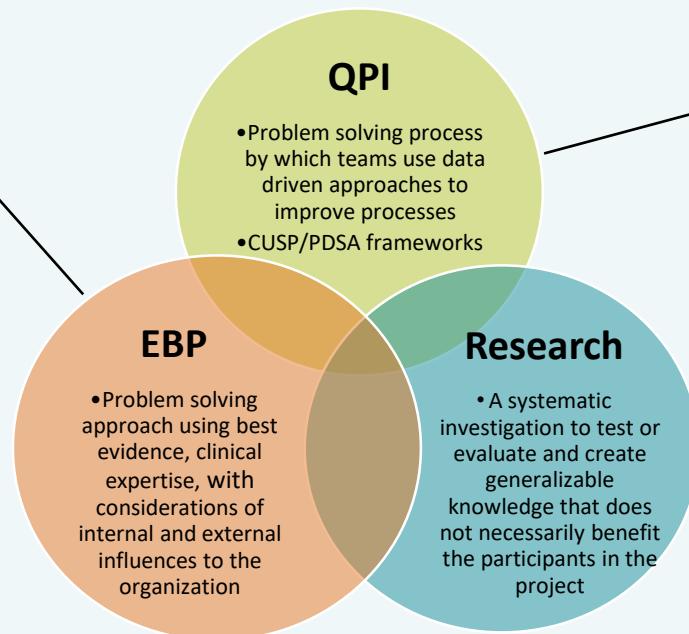
1. Identify the Issue/Problem/Question
2. Identify the type of project (see diagram below):
  - Evidence Based Practiced (EBP)
  - Quality Performance Improvement (QPI)
  - Research

### EBP Process:

3. Determine PICOT
4. Contact nurse researcher/EBPC for support/guidance
5. Search/review evidence
  - Research evidence
  - Systematic Reviews
  - Expert opinions
  - Patient preference
- \*Sufficient evidence?
  - If yes, continue EBP process below
  - If no , follow research process
3. Target unit for pilot project
4. Determine measurable outcome variable
5. Recognize potential barriers to implementations
6. Recognize essential stakeholders
7. Consider supplies, standards, equipment
8. Submit EBP application to EBPC
9. Implement
10. Evaluate
11. Make changes towards improvement

### QPI Process:

3. EBPC submission to record project
4. Implement project
5. Disseminate findings
  - poster, presentation, publication



### Research Process:

3. Contact nurse researcher for support/guidance
4. Submit to Internal Review Board for review and approval
5. Submit project plan to EBPC to record project
6. Implement project
7. Disseminate findings
  - poster, presentation, publication

Regulations

National Agency Standards

- When changes are made to the pilot program
- Institute widespread changes
  - Ongoing evaluation

- Disseminate findings
- poster, presentation, publication

\* For Process Examples, see Appendix