

Activities

Arts & Crafts

- Adult coloring pages
- Homemade stationary & Card stock/stamps
- Drawing/painting
- Clay/playdough
- Pipe cleaner crafts
- Tie blankets or pillows for patients to keep
- Painting rocks
- Tissue paper flowers
- Marble sun catchers
- Decoupage
- Paper snowflakes
- Salt dough-beads
- Friendship bracelets
- Plant flowers in pots

Games

- Bingo for dollar store prizes
- Card games
- Puzzles, 300 or under
- Trivia-Joke-Quips
- Word searches, crosswords, sudoku, jumbles
- Ring toss
- Balloon ball
- Checkers
- Pictionary

Exercise

- Exercise to music
- Walking with different pictures to see on the walls

General Relaxation

- Manicures
- Music
- Movies
- Sensory stim. Kits
- Books, magazines, newspaper, maps, audio books

Supplies

- Adult coloring pages
 - Books can be donated, and pages can be photocopied
 - Binder to organize copies into
 - Crayons
 - Colored pencils
 - Markers
- Puzzles, 300 pieces or under
- Trivia games
- Word Searches
- Crosswords
- Sudoku
- Nail polish
- Nail files
- Small hand lotions
- CDs
- DVDs
- Sensory Stimulation Kits
 - Playdough/silly putty
 - Stress ball
- Books
- Magazines
- Maps
- Audio books
- Paint
- Paint Brushes
- Watercolors
- Water color paper
- Thick painting paper
- Pencils
- Erasers
- Balloons—Latex Free
- Checkers
- Pipe cleaners
- Pictionary
- Tie blankets/pillows
 - Fleece fabric
 - Stuffing
- Rocks
- Tissue paper
- Tape

- Liquid Elmer's glue
- Glue sticks
- Glue gun
- Marbles
- Yarn
- Crochet hooks
- Construction paper
- Friendship bracelet string
- Card games
 - UNO
 - Playing Cards
 - Skip-Bo
 - Anything
- Sock-topus
 - Socks
- Dream catchers
 - Doilies
 - Feathers
 - Craft hoops
 - <https://bellamumma.com/weekend-diy-doily-dreamcatchers/>
- Dominos
- Connect 4
- Craft kits from the dollar store
- Fuzzy socks with grippers on the bottom from the dollar store
- Round loom set to make hats