

# Make Us Your PCP While at College...

Cutler Health Center strongly advises students to select an on-campus Primary Care Provider (PCP) before arriving to UMaine. Many health insurance plans support a PCP change while away from home and we encourage you to review your health plan's out-of-network benefits prior to your student's arrival in the fall.

## Why switch PCPs to a Cutler Health Center Provider?

- *Continuity of Care* – Students are on campus for (9) or more months out of the year.
- *Referring for specialty care* - Your PCP coordinates referrals if you need specialty care - through Cutler Health Center's partnership with Eastern Maine Medical Center, you can be referred to a local specialist with a quick turnaround time – we share the same Electronic Medical Record System!
- *Lower out-of-pocket costs* - With a local PCP, you will most likely just need to cover a small copay for any care you receive rather than obtaining a referral for each visit or deal with the hassle of denials.

## How Do I Make the Switch?

- Contact your insurance company and tell them you have a new PCP and provide this information:
  - ❖ [Dr. Sarah Stewart, DO @ EMMC University Medicine, Cutler Health Center](#)
  - ❖ Contact our office to:
    - Notify us of this change
    - Complete a Medical Records Release so we can obtain your records
    - Provide us with your insurance information
    - Ask us questions/learn about our services!



*at the University of Maine*

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