

2024 Summer Treatment Program

Northern Light Acadia Hospital's Summer Treatment Program (STP) is an intensive day program for children and adolescents who experience emotional, psychological, and social conflicts as the result of behavioral health difficulties due to a mental health diagnosis. The goal of our program is to reduce barriers that too many kids face today and help them in identifying and maximizing their strengths – which leads to more positive experiences at home, at school, with their families, and in the community.

Our Summer Treatment Program features:

- Group therapy, social skills curriculum, and engaging activities.
- Pet therapy with our robotic seal, Gato!
- A developmentally appropriate group setting with trained facilitators consisting of Psychiatric Clinicians and Occupational Therapists.
- A board-certified Child & Adolescent Psychiatrist on site for assistance each day as needed.
- A variety of mental health groups and activities with emphasis on anger management, family life, social skills, and life skills.
- Health and wellness components including:
 - ✓ Acadia's climbing wall located right on site!
 - ✓ Our healthy Food and Nutrition program, including work in our therapy garden!



Join us! June 24 – August 9

**Our Summer Treatment Program runs
Monday – Friday from 9 am – 3:30 pm
(closed July 4th)**

**Learn more: 207.973.6100
northernlighthealth.org/acadia**

- All insurances and MaineCare accepted
- Transportation assistance available for MaineCare patients
- Referrals to our case management program, Behavioral Health Home (if needed)
- Individual and family therapy (if needed)